



**Grow A Strong Family, Inc.**  
*Building resilience one family at a time.*

**“Replanting Lives” Family Support Group is held on the 2nd and 4th Wednesday of each month!**

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**“Replanting Lives” is based on the book, “Replanting Lives Uprooted by Mental Illness: A Practical Guide for Families” by Nancy Pizzo Boucher.**



**DECEMBER 27, JANUARY 10, JANUARY 24**

**The Edinburg Center, 205 Burlington Road, Bedford**

**7:00 pm - 8:30 pm**

Participants become better equipped to manage the changes in the family since a loved one has been diagnosed with a mental illness/behavioral health disorder. **“Replanting Lives”** is a safe space where participants receive insight and feedback in order to help practice new techniques that enhance their lives and relationships, and support the recovery of their loved ones. It offers family members the strength and resilience that replanting from life’s difficulties is a process, of which the group can be a part.

For questions and to register, please contact Janet at 781-761-5287 or [jhodes@edinburgcenter.org](mailto:jhodes@edinburgcenter.org)